

WEF awards Physical Education grant for Lacrosse equipment & workshop

Congratulations to elementary school PE staff members Adam Feldman and Joie Edson! Wakefield Educational Foundation (WEF) recently approved a grant for \$770 that will allow them to attend a Lacrosse workshop to learn strategies to enhance student's knowledge and enjoyment of lacrosse. An additional 24 lacrosse sticks will also be purchased to allow all elementary students in Wakefield to join in the fun!

Lacrosse was one of the first sports played in America and through the years has lost some popularity due to the lack of knowledge and opportunities to participate in lacrosse as an elementary student. Communities are now starting to adopt youth lacrosse programs but still many students are not participating because they are unfamiliar with it. Teaching lacrosse will have the students working on critical skills such as hand/eye coordination, agility, team work and give students an opportunity to have positive social interaction – all essential parts of the physical education curriculum. Introducing lacrosse to elementary students could also benefit our Wakefield program by allowing students to try a sport that they can participate in outside of Physical Education class.

Pictured are Joie Edson and Adam Feldman with one of their elementary PE classes.

